

# Heat Press

1. Turn the Heat Press on, the Target Temperature (green number) should read 306.
2. Allow the press about 10 minutes to heat properly, when the red number on top matches the green number or is higher than it, then you are ready to go.
3. Place the vinyl on the t-shirt/fabric in the desired location sticky side down.
4. Place the t-shirt or fabric with the design on top onto the bottom plate of the heat press CAREFULLY.
5. Cover the t-shirt/fabric with the protective teflon film.
6. Pull down the handle to lower the top plate and lock it down.
7. The timer is set to 20 seconds and will beep when it needs to be lifted
8. Peel the transparent adhesive from the vinyl and repeat steps 4-7.

*You should do a total of 3 presses! No more, No less!*

*1 time with the transparent adhesive and 2 without it.*